



Worldwide

DOS

PHYSICAL CME SERIES

CATARACT DIDACTICS &
DIETETICS

28
JANUARY
2023

Venue:

Banquet Hall, The Ashok Hotel,
Chanakyapuri, New Delhi



Invitation

On behalf of the Executive Committee of
Delhi Ophthalmological Society
We cordially invite you to the

**DOS WORLDWIDE
PHYSICAL CME SERIES**

CATARACT DIDACTICS & DIETETICS

**AWARD CEREMONY, CULTURAL PROGRAM
& FELLOWSHIP DINNER**

09:00 AM to 11:00 PM

on

Saturday 28th January 2023
at Banquet Hall, The Ashok Hotel,
Chanakyapuri, New Delhi



Dr. Rajendra Prasad
President



Dr. Jatinder Singh Bhalla
Secretary



Dr. Alkesh Chaudhary
Treasurer

SCIENTIFIC PROGRAM

Cataract and Refractive Surgery

PRODUCTION TEAM



Chairman
Dr. Rajendra Prasad



Co-Chairman
Dr. Jatinder Singh Bhalla

Co-ordinators



Dr. O P Anand



Dr. Jatinder Bali



Dr. Vivek Gupta

Registration and Refreshments
Time - 09:00 AM - 10:30 AM

Registration is Complimentary but Mandatory

QUIZ

10:30 - 11:30 AM

Sponsored by Micro Vision

QUIZ MASTERS

Dr. Jatinder Singh Bhalla | Dr. Prafulla Kumar Maharana
Convenor : Sandhya Makhija



CATARACT DIDACTICS SERIES

SESSION - 1

Video assisted workshop: Learning crossover techniques from the experts

Time: 11:30 AM - 01:00 PM

Hall: A

Chairpersons : Dr. Pawan Goyal, Dr. Jatinder Singh Bhalla
Co-Chairpersons : Prof M Vanathi, Dr. Amar Pujari
Convenor : Dr. Abhishek Dagar, Dr. Deven Tuli
Moderators : Dr. Sandhya Makhija, Dr. Aarti Nangia
Panelists : Dr. Anil Tanwar, Dr. S K Mehta, Dr. Pankaj Varshney,
Dr. R K Duvesh, Dr. Om Prakash, Dr. Parveen Mongre

| S. No. | Topic | Speakers |
|--------|---|---------------------------|
| 1. | The evolution of MSICS: Perfecting outcomes: The nomogram approach..... | Dr. Jatinder Bali |
| 2. | Management of amblyopia after pediatric cataract surgery | Prof Subhash Dadeya |
| 3. | Posterior segment issues for Phaco - Surgeons | Dr. Abhishek Dagar |
| 4. | 10P rise during & after cataract surgery | Dr. Jatinder Singh Bhalla |
| 5. | Combined cataract and Glaucoma Filtration surgery: way to go | Prof Kirti Singh |
| 6. | Triple surgery: What one has to understand | Dr. Bhupesh Singh |
| 7. | Binocularity post cataract surgery | Prof Rohit Saxena |
| 8. | Anterior Vitrectomy after PC Rent: Practical Tips and Tricks | Dr. Vinay Garodia |

Each Talk For 7 Minutes

Panel Discussion 3 Minutes

Lunch

Time - 01:00 PM - 02:00 PM

SESSION - 2

The “Science behind the Art” Explaining the basics of cataract surgery

Time: 02:00 PM - 03:30 PM

Hall: A

Chairpersons : Prof J S Titiyal, Prof Namrata Sharma
Co-Chairpersons : Prof Subhash Dadeya, Prof Rohit Saxena
Convenor : Dr. R P Singh, Dr. Gagan Bhatia
Moderators : Dr. Jatinder Bali, Dr. Arun Baweja, Dr. Rushad Shroff, Dr. Sanjay Dhawan
Panelists : Prof M Vanathi, Prof Kirti Singh, Dr. Vinay Garodia,
Dr. Sandhya Makhija, Dr. Praveen Malik

| S. No. | Topic | Speakers |
|--------|--|---------------------------|
| 1. | The evolution of the Machine - A perspective of history from the pioneer.... | Dr. S Bharti |
| 2. | Phaco dynamics: The what, why and when of Phaco? | Dr. Harbansh Lal |
| 3. | Biometry, IOL power calculation in Premium IOLs & special situations | Dr. Jatinder Singh Bhalla |
| 4. | Secret to a perfect Rhexis: Tips for the beginners | Dr. S K Narang |
| 5. | Nucleus management: Learning phaco chop and beyond | Dr. O P Anand |
| 6. | Trifocal IOL Planing for success dealing with failure | Prof M Vanathi |
| 7. | Practical pearls of infection prophylaxis in cataract surgery | Dr. Rajendra Prasad |
| 8. | Smartphone based annotating and screening app in ophthalmology | Dr. Arvind Morya |

Each Talk For 7 Minutes
Panel Discussion 3 Minutes

SESSION - 3

Meet the masters: Practical relevance in cataract surgery

Time: 03:30 PM - 05:00 PM

Hall: A

Chairpersons : Dr. S Bharti, Dr. Harbansh Lal
Co-Chairpersons : Dr. Alkesh Chaudhary, Dr. Inder Mohan Rustagi
Convenor : Dr. Piyush Kapoor, Dr. Prafulla Kumar Maharana
Moderators : Dr. O P Anand, Dr. Ritika Sachdev, Dr. Sanjay Mishra
Panelists : Dr. Sanjiv Mohan, Dr. Vinod Biala, Dr. Vivek Gupta, Dr. Ajay Dave, Dr. J S Chilana

| S. No. | Topic | Speakers |
|--------|--|----------------------|
| 1. | Pediatric cataract with fibrotic capsules: How to manage? | Prof S K Khokhar |
| 2. | Size does not matter - Tips for the small pupil... | Dr. Gaurav Luthra |
| 3. | Intumescent cataract encounters "Argentinian flag sign" what next? | Prof J S Titiyal |
| 4. | "I've got a PCR" - What do I do next? | Dr. A K Grover |
| 5. | Optically Compromised Cornea: How to go about? | Prof Namrata Sharma |
| 6. | IOL gone wrong: IOL Exchange surgical pearls? | Dr. Rajendra Prasad |
| 7. | FLACS at the rescue: How to tackle difficult situation? | Dr. Ritika Sachdev |
| 8. | Nucleus and IOL drop what next? | Dr. Alkesh Chaudhary |

Each Talk For 7 Minutes
Panel Discussion 3 Minutes

SESSION - 4

Clinical grand rounds: Challenging cases and panel discussion

Time: 05:00 PM - 06:30 PM

Hall: A

Chairpersons : Dr. Lalit Verma, Dr. Rajendra Prasad, Dr. Gaurav Luthra
Co-Chairpersons : Dr. Rishi Mohan, Dr. Rajiv Bajaj
Convenor : Dr. Sandhya Makhija, Dr. Bhupesh Singh
Moderators : Dr. Rajiv Mohan, Dr. Abhishek Dagar, Dr. Arvind Morya
Panelists : Dr. Gagan Bhatia, Dr. T M Sharma, Dr. Vivek Jain, Dr. Amar Pujari,
Dr. Pankaj Varshney, Dr. Shantanu Gupta

| S. No. | Topic | Speakers |
|--------|---|-----------------------------|
| 1. | Intra operative descemets detachment what to do? | Dr. Prafulla Kumar Maharana |
| 2. | Posterior polar cataracts: the mists and the myths | Dr. Saurabh Chaudhry |
| 3. | Subluxated cataract: Capsular stabilisation techniques | Dr. Kamal Kapoor |
| 4. | "Special IOLs for special situations"- Sulcoflex and Piggyback IOLS | Dr. Gaurav Luthra |
| 5. | Pearls of post LASIK cataract surgery | Dr. Ajay Sharma |
| 6. | IOLs in the absence of capsular support - Angle/Iris/SFIOL | Prof J S Titiyal |
| 7. | Endophthalmitis then and now | Dr. Lalit Verma |

Each Talk For 7 Minutes
Panel Discussion 3 Minutes

Tea Break
Time - 06:30 PM - 07:00 PM

AWARDS CEREMONY

07:00 PM - 08:30 PM



Dr. Rajendra Prasad
President



Dr. Jatinder Singh Bhalla
Secretary



Dr. Alkesh Chaudhary
Treasurer

Executive Committee



Prof Rohit Saxena
Vice President



Dr Sandhya Makhija
Joint Secretary



Prof Kirti Singh
Editor



Dr Jatinder Bali
Library Officer



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Dr Vivek Gupta
Executive Member



Dr Vivek Kumar Jain
Executive Member



Dr Prafulla Kumar
Maharana
Executive Member



Dr Amar Pujari
Executive Member



Dr Bhupesh Singh
Executive Member



Dr Pankaj Varshney
Executive Member



Prof Jeewan
Singh Titiyal
DOS Representative
to AIOS



Prof M. Vanathi
DOS Representative
to AIOS



Dr Pawan Goyal
Ex-Officio Member



Prof Namrata
Sharma
Ex-Officio Member

Guest of Honour



Dr. Pawan Goyal
Immediate Past President



Prof Jeewan Singh Titiyal



Dr. Lalit Verma



Prof Namrata Sharma



Prof Subhash Dadeya



Dr. Gaurav Luthra



Dr. A K Grover



Dr. Harbansh Lal

CULTURAL PROGRAM
08:30 PM Onwards

FELLOWSHIP DINNER
09:30 PM Onwards

Address for Correspondence
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